

BREAKFAST

LUNCH



Your cafeteria is managed by
Canteen of Central New Mexico

AUGUST 2018

SCHOOL OF DREAMS ACADEMY

All meals are served with a food bar and your choice of low-fat flavored or white milk. We use whole grain breads. All foods are baked.

Monday

Tuesday

Wednesday

Thursday

Friday



6

7

1

2

3

8

9

10

PLAIN BAGEL
CREAM CHEESE
FRESH FRUIT

13

HOAGIE SANDWICH
BROCCOLI
FRESH FRUIT

BISCUITS & GRAVY
FRESH FRUIT

14

STEAK FINGERS
PINTO BEANS
PEARS
WHOLE WHEAT ROLL

CHEESE OMELET
TORTILLA
FRESH FRUIT

15

FRITO PIE
MANDARIN ORANGES
CORN
STRAWBERRY CHEX MIX

CREAM OF WHEAT
TOAST, 1 SLICE
FRESH FRUIT

16

CHICKEN PARMESAN
MIXED VEGETABLES
CINNAMON APPLE SLICES
WHOLE WHEAT ROLL

MUFFINS, ASSORTED
FRESH FRUIT

17

COUNTRY FRIED STEAK
SWEET POTATO TATER TOTS
HONEYDEW MELON
WHOLE WHEAT ROLL

BLUEBERRY MUFFIN
FRESH FRUIT

20

SALISBURY STEAK
MIXED VEGETABLES
APPLESAUCE
BROWN RICE

CINNI MINIS
FRESH FRUIT

21

BEEF TACOS (HARD SHELL)
PINTO BEANS
PEARS
TORTILLA

NUTRIGRAIN BAR
YOGURT
FRESH FRUIT

22

CHICKEN FAJITAS
CARROTS
MANDARIN ORANGES

MINI WAFFLE EGGO BITES
FRESH FRUIT

23

MEATBALL SUB SANDWICH
TATER TOTS
CANTALOUPE
WHOLE WHEAT ROLL

BREAKFAST PIZZA
FRESH FRUIT

24

BBQ CHICKEN ON A BUN
BROCCOLI
HONEYDEW MELON
GARLIC BREADSTICKS

BANANA BREAD
FRESH FRUIT

27

PIZZA
CARROTS
PINEAPPLE CHUNKS
RICE KRISPIE TREATS

CHEESE OMELET
TORTILLA
FRESH FRUIT

28

MINI BURGERS
BAKED BEANS
PEACHES
GOLDFISH CRACKERS

BISCUIT & SAUSAGE
SANDWICH
FRESH FRUIT

29

BEEF RAVIOLI
MIXED VEGETABLES
MIXED FRUIT
WHOLE WHEAT ROLL

NUTRIGRAIN BAR
YOGURT
FRESH FRUIT

30

FRENCH TOAST STICKS
SAUSAGE PATTIE
HASH BROWNS
FRESH FRUIT

COLD CEREAL, VARIETY
TOAST, 1 SLICE
FRESH FRUIT

31

BBQ RIBETTE
BROCCOLI
PEARS

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