

 **BREAKFAST**

 **LUNCH**

SEPTEMBER 2018

SCHOOL OF DREAMS ACADEMY

All meals are served with a food bar and your choice of low-fat flavored or white milk. We use whole grain breads. All foods are baked.

Monday

Tuesday

Wednesday

Thursday

Friday

3

BREAKFAST PIZZA
FRESH FRUIT

4

BEEF TAQUITOS
PINTO BEANS
MIXED FRUIT

5

CHEESE QUESADILLA
FRESH FRUIT

CHICKEN NUGGETS
CARROTS
PINEAPPLE CHUNKS
WHOLE WHEAT ROLL

6

CINNI MINIS
FRESH FRUIT

STEAK FINGERS
MANDARIN ORANGES
POTATOES AU GRATIN
WHOLE WHEAT ROLL

7

BREAKFAST COMBO BAR
TORTILLA WHEAT
FRESH FRUIT

CORN DOG
BAKED BEANS
PEACHES

10

FRUIT LOOPS
YOGURT
FRESH FRUIT

EGG ROLLS
BROCCOLI
APRICOTS
WHOLE WHEAT ROLL

11

PANCAKE WRAP
FRESH FRUIT

BBQ CHICKEN ON A BUN
PORK AND BEANS
APPLESAUCE

12

POP TART
FRESH FRUIT

CHICKEN STICKS
CARROTS
PEARS
BREADSTICK

13

CREAM OF WHEAT
TOAST, 1 SLICE
FRESH FRUIT

CHEESEBURGER
OVEN FRENCH FRIES
PEACHES

14

MINI WAFFLE EGGO BITES
FRESH FRUIT

PIZZA
CAPRI BLEND VEGETABLES
MIXED FRUIT

17

PEANUT BUTTER & JELLY
FRESH FRUIT

MACARONI AND CHEESE
MANDARIN ORANGES
BROCCOLI
BREADSTICK

18

BISCUIT & SAUSAGE
SANDWICH
TOAST, 1 SLICE
FRESH FRUIT

CHICKEN ENCHILADAS
CORN
PINEAPPLE CHUNKS
WHOLE WHEAT ROLL

19

BREAKFAST BURRITO
FRESH FRUIT

GRILLED CHICKEN SANDWICH
PEARS
MIXED VEGETABLES

20

BAGEL, PLAIN
CREAM CHEESE
FRESH FRUIT

PHILLY STEAK SANDWICH
SWEET POTATO FRIES
MIXED FRUIT

21

COLD CEREAL, VARIETY
STRING CHEESE
FRESH FRUIT

QUESADILLA
PINTO BEANS
APRICOTS

24

OATMEAL
TOAST, 1 SLICE
FRESH FRUIT

FRITO PIE
PEACHES
ZUCCHINI SQUASH
WHOLE WHEAT ROLL

25

CHEESE OMELET
ENGLISH MUFFIN, TOASTED
FRESH FRUIT

CHICKEN PARMESAN
CARROTS
APPLESAUCE
WHOLE WHEAT ROLL

26

MINI PANCAKE EGGO BITES
FRESH FRUIT

POPCORN CHICKEN
BAKED BEANS
PEARS
WHOLE WHEAT ROLL

27

POP TART
FRESH FRUIT

FRENCH TOAST STICKS
SAUSAGE PATTIE
HASH BROWNS
FRESH FRUIT

28

COLD CEREAL
STRING CHEESE
FRESH FRUIT

PIZZA
TOSSED GREEN SALAD
FRESH FRUIT

Your cafeteria is managed by

 **Canteen of Central New Mexico**

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